

Preschool Program (3-5 years old)

Below are examples of instructional and daily activity schedules for the preschool program. (**Schedules are individualized to meet each child's needs**)

- ❖ 6:30-8:30 Arrival Time/Transitional Activities
- ❖ 7:30-8:30 Breakfast
- ❖ 8:30-8:45 Clean Up; Prepare for Exercise & Circle Time
- ❖ 8:45-9:15 Exercise & Circle Time (reading, language, music & movement)
- ❖ 9:15-9:30 Bathroom
- ❖ 9:30-10:00 Morning Snack
- ❖ 10:00-10:45 **Center Time/Small Groups** (area of study will include science, arts, music, social studies, math, reading and language)
- ❖ 10:45-11:00 Clean Up/Bathroom
- ❖ 11:00-11:45 Outdoor Motor Skills/Playground
- ❖ 11:45-12:00 Wash hands/Prepare for lunch
- ❖ 12:00-12:30 Lunch Time
- ❖ 12:30-1:00 Potty Time/Set up cots/Reading Activities
- ❖ 1:00-3:00 Nap/Rest Time
- ❖ 3:00-3:15 Put Away Bedding/Bathroom/Prepare for P.M. Snack
- ❖ 3:15-3:45 P.M. Snack
- ❖ 3:45- 4:45 Center Time/Small Groups(area of study will include science, arts, music, social studies, math, reading and language)
- ❖ 4:45-5:15 Outdoor Play
- ❖ 5:15-5:30 Circle Time (reading, language, music & movement)
- ❖ 5:30-6:00 Table Activities
- ❖ 6:00-6:30 Clean Up/Discuss Days Events/Prepare for Departure