

Infant Program (6 weeks-18 months)

Below are examples of instructional and daily activity schedules for infants program.

(Schedules are individualized to meet each child's needs)

- ❖ 6:30-7:30 Arrival Time/Free Play/ Toys/Interaction, etc...
- ❖ 7:30-8:30 Breakfast/Bottle Feeding
- ❖ 8:30-8:45 Clean Up; Prepare Circle Time
- ❖ 8:45-9:15 Circle Time (Songs, Stories, Finger Play, etc.)
- ❖ 9:15-9:30 Diaper Changing Time
- ❖ 9:45-10:15 Morning Snack
- ❖ 10:15-10:35 ***Morning Subjects/Projects*** (interest areas: Math & Science, Fine Motor Skill Activities/Art, Language Development, Gross Motor Skill Activities, Music & Social Development, Sensory Activities)

(OPTIONAL NAP TIME FOR YOUNG INFANTS)

- ❖ 10:35-11:00 Outdoor Motor Skills/Playground/A.M. Walk
- ❖ 11:00-11:15 Wash hands/Clean up & Diaper Changing Time
- ❖ 11:15-12:00 Lunch Time/Bottle Feeding
- ❖ 12:30-2:30 Nap/Rest Time
- ❖ 2:30-3:00 Wake up/Clean up/Prepare for P.M. Snack
- ❖ 3:00-3:30 P.M. Snack/Bottle Feeding
- ❖ 4:00-4:30 ***Afternoon Subjects/Reinforcement of A.M. Subjects***
- ❖ 4:30-5:00 Outdoor Motor Skills/Playground/P.M. Walk
- ❖ 5:00-6:00 Free Play, Toys, Songs, Rhymes, Interaction, etc...
- ❖ 6:00-6:30 Departure Time